

**Team Communication**

**Roger White (586) 531-4284 (Text/Call)**

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* **Facebook page: email me for link**
* **Website**

[**http://uticawomenscrosscountry.weebly.com**](http://uticawomenscrosscountry.weebly.com)

**Website will have all paperwork forms required.**

**All summer training logs will be done through the website as well. Runners will enter their daily workout online.**